

PUMPFIX

Your workout. Without added caffeine.



Blue Ice



Southern Lemonade



Pink Lemonade



Snow Cone

10 g

L-CITRULLINE PER SERVING

3.2 g

BETA-ALANINE PER SERVING

20

SERVINGS PER CONTAINER

YOUR PRE-WORKOUT ROUTINE

PumpFix is a non-stimulant pre-workout powder with no added caffeine. Choose Blue Ice, Southern Lemonade, Pink Lemonade or Snow Cone.

Each flavor has the same listed active formula: L-citrulline, beta-alanine, GlycerSize, betaine anhydrous, taurine, Alpha-GPC 50%, L-norvaline and Huperzia serrata extract.

KNOW YOUR SCOOP

Serving size: 1 Scoop (25 g). Four flavors, 20 servings per container. Flavoring, acids, sweeteners and net weights differ; read the complete panels on page 2.

GlycerSize is a 65% glycerol ingredient listed at 3 g. Alpha-GPC 50% is listed at 500 mg. These weights refer to the listed ingredients.

WARNINGS

Women who are pregnant or lactating and anyone taking medications or other dietary supplements should consult a health care professional before using any nutritional product. If any adverse reactions occur, discontinue use and consult a health care professional.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOW TO USE

As a dietary supplement, take 1 serving (1 scoop) with 10-12 oz of cold water 15-30 minutes before exercise.



Scan for the current product page, flavor details and research.

Know your scoop.

All four flavors share the listed active formula and 20 servings. Other Ingredients and net weights differ. Read the panel for your selected flavor.

Blue Ice

Supplement Facts

Serving Size: 1 Scoop (25 g)

20 Servings Per Container

Amount Per Serving	% Daily Value*
L-Citrulline	10 g †
Beta-Alanine	3.2 g †
GlycerSize® (65% Glycerol)	3 g †
Betaine Anhydrous	2.5 g †
Taurine	1 g †
Alpha-GPC 50%	500 mg †
L-Norvaline	250 mg †
Huperzia serrata extract (whole herb) (1% Huperzine A)	20 mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Silicon Dioxide, Natural & Artificial Flavors, Malic Acid, Citric Acid, Sucralose, Acesulfame Potassium

Net weight: 17.32 oz (491 g)

Pink Lemonade

Supplement Facts

Serving Size: 1 Scoop (25 g)

20 Servings Per Container

Amount Per Serving	% Daily Value*
L-Citrulline	10 g †
Beta-Alanine	3.2 g †
GlycerSize® (65% Glycerol)	3 g †
Betaine Anhydrous	2.5 g †
Taurine	1 g †
Alpha-GPC 50%	500 mg †
L-Norvaline	250 mg †
Huperzia serrata extract (whole herb) (1% Huperzine A)	20 mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Silicon Dioxide, Citric Acid, Natural & Artificial Flavors, Malic Acid, Sucralose, Acesulfame Potassium

Net weight: 17.28 oz (490 g)

Current product details: selfevolve.com/products/pumpfix

Southern Lemonade

Supplement Facts

Serving Size: 1 Scoop (25 g)

20 Servings Per Container

Amount Per Serving	% Daily Value*
L-Citrulline	10 g †
Beta-Alanine	3.2 g †
GlycerSize® (65% Glycerol)	3 g †
Betaine Anhydrous	2.5 g †
Taurine	1 g †
Alpha-GPC 50%	500 mg †
L-Norvaline	250 mg †
Huperzia serrata extract (whole herb) (1% Huperzine A)	20 mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Silicon Dioxide, Citric Acid, Natural & Artificial Flavors, Sucralose, Malic Acid, Acesulfame Potassium

Net weight: 17.28 oz (490 g)

Snow Cone

Supplement Facts

Serving Size: 1 Scoop (25 g)

20 Servings Per Container

Amount Per Serving	% Daily Value*
L-Citrulline	10 g †
Beta-Alanine	3.2 g †
GlycerSize® (65% Glycerol)	3 g †
Betaine Anhydrous	2.5 g †
Taurine	1 g †
Alpha-GPC 50%	500 mg †
L-Norvaline	250 mg †
Huperzia serrata extract (whole herb) (1% Huperzine A)	20 mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Silicon Dioxide, Natural & Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Acesulfame Potassium

Net weight: 17.53 oz (497 g)