

FIXATED

Built for the session ahead.



Snow Cone



Pink Lemonade



Blue Ice



Southern Lemonade

6 g

L-CITRULLINE PER SERVING

250 mg

CAFFEINE PER SERVING

25

SERVINGS PER CONTAINER

YOUR PRE-WORKOUT ROUTINE

Fixated pairs 250 mg caffeine with 250 mg L-theanine, alongside L-citrulline, beta-alanine and betaine. Choose Snow Cone, Pink Lemonade, Blue Ice or Southern Lemonade.

Each flavor lists L-citrulline, beta-alanine, betaine anhydrous, choline bitartrate, Alpha GPC 50%, caffeine anhydrous, L-theanine, L-norvaline and Huperzia serrata (1% Huperzine A).

KNOW YOUR SCOOP

One-scoop serving weight: Snow Cone 17.35 g; Pink Lemonade 17 g; Blue Ice 16.72 g; Southern Lemonade 16.94 g. Each container provides 25 servings. Read the complete panels on page 2.

Alpha GPC 50% is listed at 300 mg. This is the ingredient weight, rather than 300 mg of pure Alpha GPC.

WARNINGS

Women who are pregnant or lactating and anyone taking medications or other dietary supplements should consult a health care professional before using any nutritional product. If any adverse reactions occur, discontinue use and consult a health care professional.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOW TO USE

As a dietary supplement, take 1 serving (1 scoop) with 10-12 oz of cold water 15-30 minutes before exercise.

Contains 250 mg caffeine per full scoop. Account for caffeine from other sources and follow the warnings on your container.



Scan for the current product page and flavor details.

Know your scoop.

All four flavors share the listed active formula and 25 servings. Serving weight and Other Ingredients differ. Read the panel for your selected flavor.

Snow Cone

Supplement Facts

Serving Size: 1 Scoop (17.35g)

25 Servings Per Container

Amount per serving	% Daily Value
L-Citrulline	6000mg **
Beta Alanine	3200mg **
Betaine Anhydrous	2500mg **
Choline Bitartrate	1500mg **
Alpha GPC 50%	300mg **
Caffeine Anhydrous	250mg **
L-Theanine	250mg **
L-Norvaline	200mg **
Huperzia Serrata (1% Huperzine A)	5mg **

**Percent Daily Value Not Set

Other Ingredients: Silicon Dioxide, Citric Acid, Malic Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium

ALLERGEN WARNING: Produced in a facility that processes milk, eggs, soybeans, wheat, shellfish, fish, tree nuts, sesame, and peanuts.

Net weight: 433.75 g

Blue Ice

Supplement Facts

Serving Size: 1 Scoop (16.72g)

25 Servings Per Container

Amount per serving	% Daily Value
L-Citrulline	6000mg **
Beta Alanine	3200mg **
Betaine Anhydrous	2500mg **
Choline Bitartrate	1500mg **
Alpha GPC 50%	300mg **
Caffeine Anhydrous	250mg **
L-Theanine	250mg **
L-Norvaline	200mg **
Huperzia Serrata (1% Huperzine A)	5mg **

**Percent Daily Value Not Set

Other Ingredients: Silicon Dioxide, Malic Acid, Natural & Artificial Flavors, Sucralose, Citric Acid, Acesulfame Potassium

ALLERGEN WARNING: Produced in a facility that processes milk, eggs, soybeans, wheat, shellfish, fish, tree nuts, sesame, and peanuts.

Net weight: 418 g

Current product details: selfevolve.com/products/fixated-pre-workout

Pink Lemonade

Supplement Facts

Serving Size: 1 Scoop (17g)

25 Servings Per Container

Amount per serving	% Daily Value
L-Citrulline	6000mg **
Beta Alanine	3200mg **
Betaine Anhydrous	2500mg **
Choline Bitartrate	1500mg **
Alpha GPC 50%	300mg **
Caffeine Anhydrous	250mg **
L-Theanine	250mg **
L-Norvaline	200mg **
Huperzia Serrata (1% Huperzine A)	5mg **

**Percent Daily Value Not Set

Other Ingredients: Silicon Dioxide, Citric Acid, Malic Acid, Sucralose, Natural & Artificial Flavors, Acesulfame Potassium

ALLERGEN WARNING: Produced in a facility that processes milk, eggs, soybeans, wheat, shellfish, fish, tree nuts, sesame, and peanuts.

Net weight: 425 g

Southern Lemonade

Supplement Facts

Serving Size: 1 Scoop (16.94g)

25 Servings Per Container

Amount per serving	% Daily Value
L-Citrulline	6000mg **
Beta Alanine	3200mg **
Betaine Anhydrous	2500mg **
Choline Bitartrate	1500mg **
Alpha GPC 50%	300mg **
Caffeine Anhydrous	250mg **
L-Theanine	250mg **
L-Norvaline	200mg **
Huperzia Serrata (1% Huperzine A)	5mg **

**Percent Daily Value Not Set

Other Ingredients: Silicon Dioxide, Citric Acid, Sucralose, Malic Acid, Natural & Artificial Flavors, Acesulfame Potassium

ALLERGEN WARNING: Produced in a facility that processes milk, eggs, soybeans, wheat, shellfish, fish, tree nuts, sesame, and peanuts.

Net weight: 423.5 g